



NORFOLK SHERIFF'S OFFICE  
Sheriff Michael G. Bellotti  
YOUTH LEADERSHIP ACADEMY  
*2018 Family Guide*

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Sheriff Michael G. Bellotti

This guide is designed to answer your questions about the Norfolk Sheriff's Office Youth Leadership Academy presented by Norfolk County Sheriff Michael G. Bellotti. If you have additional questions please contact the academy office at 781-751-3501.

The Youth Leadership Academy offers young people the chance to challenge themselves both mentally and physically, as an individual and as part of a group. They will have the opportunity to gain self-confidence, learn valuable leadership and communication skills and problem-solving strategies. These life skills help our graduates in school and beyond.

**Please note: Because we are accepting fees into an expendable trust, we have no way to issue refunds.** For that reason, if you know your child cannot attend a session please let us know as soon as possible. We will make all reasonable efforts to include them in an alternate week. Unfortunately, once we have cashed the check we cannot refund the fee. We apologize in advance for any inconvenience this may cause.

**The Youth Leadership Academy is fully licensed by the Commonwealth of Massachusetts and the Town of Braintree Board of Health**

## DAILY SCHEDULE

### Monday – Thursday

8:30 to 8:50am Parent Drop Off  
(please **do not** arrive before this time as there will be no staff available to look after your child)

9:00 am Large group activities

9:30 am Small group activities

11:30 am Lunch

12:00 pm Small group activities

2:30 pm Parent Pick Up  
(please pick your child up promptly. **There will be no staff available to look after your child after the end of the academy.** Repeated incidences of late pick-up may result in termination from the academy)

### Friday

8:30 to 8:50am Parent Drop Off

9:00 am Large group activities

9:30 am Small group activities,  
wrap up and debrief

10:30 am Parent Observation  
(OPTIONAL. This is a chance for parents and family members to observe the group in action on the challenge course. Bring your camera!)

11:30 am Family Lunch  
(Food will be provided)

Aprox 12:00pm Awards ceremony

Aprox 12:30pm End of the Academy

## ACTIVITIES

The academy uses adventure and experiential education methods to help young people learn social, leadership and problem-solving skills. Each day the group is encouraged to set themselves challenging goals and work together to achieve them. This might include a puzzle they need to solve together, a timed challenge or finding a way to communicate without words. Eventually we offer all academy participants the chance to challenge themselves on our 'high ropes' course. All activities are done on a 'challenge-by-choice' basis, which means the group and the individual chooses their own level of challenge. Participants are never forced to do something, but we do encourage and support youth in setting ambitious challenges for themselves. The Academy also includes presentations and workshops on avoiding drugs and alcohol, the work of law-enforcement K9s, fire safety and conflict resolution.

## DRESS CODE

Please wear comfortable footwear. Sneakers are ideal. Please do not wear sandals, open-toed shoes or 'cros' style shoes. These are not safe for running or climbing on the ropes course. Jewelry should be kept to a minimum to avoid breakage, loss or harm to others during activities. Clothing and t-shirts must not contain offensive or obscene language or images, and must not contain alcohol or illegal drug references. This is an outdoor program, and we are outside in the rain, hot sun, cold mornings etc. so participants should dress appropriately for the weather. NSO cannot be held responsible for lost or stolen property.

## CODE OF CONDUCT

*The academy is designed to build leadership and life skills for young people. The Norfolk Sheriff's Office expects that participants attend this program ready to learn and work together with others.*

*Academy participants are expected to show a high level of respect for themselves and others, along with respect for personal and public property. Aggression, intimidation, bullying or any acts of violence, or the possession of illegal substances, tobacco or alcohol will result in immediate termination from the program.*